



# **HUMAC<sup>®</sup> Nativ**

**Organic-mineral dietary supplements**  
based on activated natural humic acids

[www.humac-nativ.eu](http://www.humac-nativ.eu)



**TOXIN  
ABSORPTION**

## HUMAC® Nativ



The organic dietary supplement HUMAC® Nativ is made on the basis of activated natural humic substances with a high amount of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation. Humic acids are natural organic substances that are created by the action of microorganisms and the decomposition of prehistoric plant matter, in a process called humification.

Chemically, humic acid is a mixture of acids that bind with charged ions, making them good antioxidants and free radical scavengers. The charges on these molecules also allow the acid to move minerals through the body. This compound is ideal for detoxification as it binds unwanted substances in the digestive tract (heavy metals, radicals, but also larger organic molecules and toxins) that are to be removed from the body. By binding to humic acid molecules, these harmful substances become unavailable to the body and leave it together with undigested food.

Humic acids are a natural source of more than 70 natural minerals, trace elements and amino acids bound in their structure by chelate bonds. Thanks to chelate bonds, these elements are easily available to the body, enabling it to absorb exactly those needed to establish nutritional balance in the body and support the proper functioning of the entire immune system.

The natural humic acids in the product have various beneficial effects on the body besides the absorption of toxins and supplementing micro, macro and trace elements, such as antiviral and anti-inflammatory properties, and increase in iron resorption.





**TOXIN  
ABSORPTION**

# HUMAC® Nativ



Composition per capsule	Humic substances (71.86% humic acids, 28.14% humic), capsule hydroxypropylmethylcellulose
Active substance	Activated natural humic acids
Packaging	60 & 120 capsules
Dosage	Adults (15+): 2 to 4 capsules/day; Children (3-8): 1 capsule/day, (8-15): 1 capsule/2x a day
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store in a cool, dry and dark place at a temperature from +6 °C to +25 °C. Do not expose to frost or moisture.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



## HUMAC® Nativ with vitamin C + Se



The organic dietary supplement HUMAC® Nativ with vitamin C + Se is made on the basis of activated natural humic substances with a high amount of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation.

Humic acids help support the activity of immune system cells and can prevent various viruses from multiplying. They stimulate the receptors of the immune system and are a natural source of easily available essential minerals and trace elements.

We increased the effectiveness of the effects of activated natural humic acids by adding two of the main components supporting the immune system - vitamin C and selenium. In combination with vitamin C and selenium, they also support the normal function of the immune system and energy metabolism.

It also contributes to the protection of cells against oxidative stress, which is generally understood as a manifestation of the body's imbalance and an event accompanying natural aging. In addition, vitamin C contributes to the reduction of fatigue and exhaustion, to the proper formation of collagen and to the proper function of the skin. Selenium, on the other hand, contributes to the proper functioning of the thyroid gland, which is the center of hormone production, and to the maintenance of healthy hair and nails.

The natural humic acids in the product have various beneficial effects on the body besides supplementing micro, macro and trace elements, extensive antiviral and anti-inflammatory properties, and increase in iron resorption, such as offering protection from oxidative stress.





**IMMUNITY  
BOOSTER**

# HUMAC<sup>®</sup> Nativ with vitamin C + Se



Composition per capsule	Humic substances (71.86% humic acids, 28.14% humic), vitamin C (L-ascorbic acid), selenium (sodium selenite), hydroxypropylmethylcellulose capsule
Active substance	Activated natural humic acids
Packaging	60 & 120 capsules
Dosage	Adults (15+): 2 to 4 capsules/day; Children (3-8): 1 capsule/day, (8-15): 1 capsule/2x a day
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store in a cool, dry and dark place at a temperature from +6 °C to +25 °C. Do not expose to frost or moisture.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



MACRONUTRIENT  
METABOLISM

## HUMAC<sup>®</sup> Nativ with vitamin C + Se + Zn



The organic dietary supplement HUMAC<sup>®</sup> Nativ with vitamin C + Se + Zn is made on the basis of activated natural humic substances with a high amount of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation.

Humic acids are known for their ability to bind heavy metals, thereby they play an important role in the protection of the gastrointestinal tract and supporting the proper functioning of the digestive system. The digestive system is responsible for what the body takes in and what it excretes, and the presence of humic acids in the large intestine helps the body more easily get rid of what it does not need and at the same time add valuable minerals and trace elements that the body lacks. The health of the gastrointestinal tract is thus directly related to the health and function of the immune system.

We also enriched the nutritional supplement with well-known immunity boosters - vitamin C, selenium and zinc. These additions increase the effectiveness of the effects of activated natural humic acids. Vitamin C and selenium support the normal function of the immune system and energy metabolism. In addition, they contribute to the protection of cells against oxidative stress, which is generally understood as a manifestation of the body's imbalance and an event accompanying natural aging. Zinc supports the effects of vitamin C and also contributes to the correct metabolism of macronutrients, fatty acids and carbohydrates. It also supports the maintenance of healthy bones, hair, nails, skin, good vision and contributes to reproductive health.

The natural humic acids in the product have various beneficial effects on the body such as extensive antiviral and anti-inflammatory properties and protection of the GIT.





MACRONUTRIENT  
METABOLISM

# HUMAC® Nativ with vitamin C + Se + Zn



Composition per capsule	Humic substances (71.86% humic acids, 28.14% humic), vitamin C (L-ascorbic acid), selenium (sodium selenite), zinc, hydroxypropylmethylcellulose capsule
Active substance	Activated natural humic acids
Packaging	60 & 120 capsules
Dosage	Adults (15+): 2 to 4 capsules/day; Children (3-8): 1 capsule/day, (8-15): 1 capsule/2x a day
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store in a cool, dry and dark place at a temperature from +6 °C to +25 °C. Do not expose to frost or moisture.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



# HUMAC® Nativ with Maca

The organic dietary supplement HUMAC® Nativ with Maca is made on the basis of activated natural humic substances with a high amount of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation.



Humic acids contain more than 70 important natural minerals and trace elements in chelated bonds for better and easier use by the body. Humic acids are known for their ability to bind heavy metals (As, Pb, Hg and Cd) and other toxins (PCBs, dioxins, mycotoxins etc.). This physical property is very well demonstrated for humic acids. The product is supplemented with the effective and centuries-proven genuine Peruvian herb Maca to improve mental health, vitality and endurance. Maca is also great for supporting physical health – it helps fertility in both women and men.

Thanks to its unique composition, maca is able to naturally restore hormonal balance in the body. Supporting libido and potency, alleviating depression, stress, fatigue, strengthening memory and concentration, and increasing the body's overall vitality are also related to hormonal balance. Since humic acids support the effects of maca, together they have the ability to restore physical and mental health to the body.

The natural humic acids in the product supplement micro, macro and trace elements necessary for a healthy balance, while the Peruvian maca improves fertility and libido, acts against oxidative damage, improves skin and accelerates wound healing, increases energy and learning ability (attention).





**BODY  
REGENERATION**

# HUMAC<sup>®</sup> Nativ with Maca



Composition per capsule	Humic substances (71.86% humic acids, 28.14% humin), Maca (Certified Peruvian cress root powder), hydroxypropylmethylcellulose capsule
Active substance	Activated natural humic acids
Packaging	90 capsules
Dosage	Adults (15+): 1 to 3 capsules a day; Children (3-14): 1 capsule per day
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store in a cool, dry and dark place at a temperature from +6 °C to +25 °C. Do not expose to frost or moisture.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



**ANTI  
CARCINOGENIC**

# HUMAC® Nativ with Graviola

The organic dietary supplement HUMAC® Nativ with Graviola is made on the basis of activated natural humic substances with a high amount of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation.



Humic acids are well known for their ability to bind heavy metals such as As, Pb, Hg and Cd. They are furthermore a natural source of more than 70 natural minerals, trace elements and amino acids bound in their structure by chelate bonds or better and easier use by the organism. Thanks to chelate bonds, these elements are easily available to the body, enabling it to absorb exactly those elements needed to establish nutritional balance in the body and support the proper functioning of the entire immune system.

In addition, we supplemented the product with genuine Peruvian Graviola - an extract from the fruit of *Annona muricata*. Due to the content of unique acetogenins, Graviola is characterized by effects against various types of cancer (especially pancreatic, lung, colon, breast and prostate). Acetogenins can create signals in tumor cells leading to the death of these cells. Graviola also has a positive effect against pain and depression. While acetogenins fight tumor cells, humic acids supplement the body with necessary minerals, support immunity and help remove toxins from the body. Humic acids support the effects of graviola and together have unique anticarcinogenic properties.

Both the natural humic acids and Peruvian graviola in the product have beneficial effects on the body such as antiviral and anti-inflammatory properties, anti carcinogenic effects and antioxidant activity, are suitable for diabetics since they favorably adjust blood sugar and fat values. Graviola furthermore regulates cholesterol level and lowers blood pressure.





**ANTI  
CARCINOGENIC**

# HUMAC<sup>®</sup> Nativ with Graviola



Composition per capsule	Humic substances (71.86% humic acids, 28.14% humic), Certified Peruvian Graviola ( <i>Annona muricata</i> ), hydroxypropylmethylcellulose capsule
Active substance	Activated natural humic acids
Packaging	90 capsules
Dosage	Adults (15+): 1 to 3 capsules a day; Children (3-14): 1 capsule per day
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 15 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store in a cool, dry and dark place at a temperature from +6 °C to +25 °C. Do not expose to frost or moisture.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



IMMUNITY  
BOOSTER

# HUMAC® Nativ Liquid Immunity Booster



The organic dietary supplement HUMAC® Nativ Liquid Immunity Booster is made on the basis of activated natural humic substances with a high content of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation to achieve higher biological efficiency.

Humic acids help support the activity of immune system cells and can prevent various viruses from multiplying. They contain all natural amino acids and all natural elements of the Mendeleev table of elements, even in chelated bonds. Thanks to its liquid form, this source of macro, micro and trace elements is more easily accessible to the human body and has a significant impact on the growth and correction of immunity.

The combination of activated natural humic acids with high-quality ingredients such as domestic flower honey, grape must, vitamin C and herbal extracts (Echinacea purple and dandelion) is designed to mutually reinforce the effect of the components and enrich the human body with chelated biogenic elements and substances with a direct impact on the physiology of the immune system. In addition, vitamin C contributes to the reduction of fatigue and exhaustion, to the proper formation of collagen and to the proper function of the skin.

The natural humic acids in the product have various beneficial effects on the body besides the absorption of toxins and supplementing micro, macro and trace elements, such as antiviral and anti-inflammatory properties, and increase in iron resorption.





**IMMUNITY  
BOOSTER**

# HUMAC® Nativ Liquid Immunity Booster



Composition	Humic acids 15% in solution, Grape must concentrate, Flower honey, Vitamin C (L-ascorbic acid), Echinacea purple root extract, Dandelion root extract
Active substance	Activated natural humic acids
Packaging	100 ml
Dosage	Adults 1 teaspoon (5 ml) 1 time a day; Children 1/2 teaspoon (2,5 ml) once a day. Shake well before use. Possible sediment is of a natural nature and is not a problem.
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages. We recommend taking the nutritional supplement with food.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store the closed package at room temperature.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia



HEALTHY  
GUT

# HUMAC® Nativ Liquid Digestion



The organic dietary supplement HUMAC® Nativ Liquid Digestion is made on the basis of activated natural humic substances with a high content of humic acids, obtained from Leonardite and processed with a special technology, the so-called activation to achieve higher biological efficiency.

The present humic acids are in a bioactive form, i.e. better available for the human body, in which they have the ability to bind heavy metals, thereby supporting the proper functioning of the digestive system. It is responsible for what the body takes in and what it excretes, while the presence of humic acids in the large intestine helps the body more easily get rid of what it does not need and at the same time add valuable minerals and trace elements that the body lacks. The health of the gastrointestinal tract is thus directly related to the health and function of the immune system.

For its maximum effectiveness for healthy digestion, the product is enriched with high-quality extracts from yarrow, mint and gentian have beneficial effects on digestion and stomach problems, improve the activity of the liver and gallbladder. They help the normal function of the digestive system and increase the effectiveness of the effects of activated natural humic acids.

The natural humic acids in the product have various beneficial effects on the body besides the absorption of toxins and supplementing micro, macro and trace elements, such as antiviral and anti-inflammatory properties and an important role in the protection of the gastrointestinal tract.





HEALTHY  
GUT

# HUMAC® Nativ Liquid Digestion



Composition	Humic acids 15% in solution, Grape must concentrate, Flower honey, Extract from the oleander, Spearmint leaf extract, Yellow gentian root extract
Active substance	Activated natural humic acids
Packaging	100 ml
Dosage	Adults 1 teaspoon (10 ml) 2 times a day; Children 1 teaspoon (5 ml) once a day. Shake well before use. Possible sediment is of a natural nature and is not a problem.
Recommendation	If used in combination with pharmaceutical preparations, adhere to a 3-hour interval between usages. We recommend taking the nutritional supplement with food.
Warning	Do not exceed the recommended daily dose! The dietary supplement must not be used as a substitute for a varied diet! It is not recommended for pregnant and lactating women and children under 3 years of age. Store out of the reach of small children.
Contraindications	Unknown
Storage	Store the closed package at room temperature.
Manufacturer	HUMAC s.r.o., Werferova 1, 040 11 Košice, Slovakia